#### **Beach Vacation**

# TRAVEL CHECKLIST



- Swimsuits (at least two for rotation)
- Cover-ups Lightweight daywear (shorts, t-shirts, tank tops)
- Evening wear (casual dresses, light shirts) Sandals/flip-flops
- Beach hat and sunglasses
- □ Lightweight jacket or sweater for cooler evenings



#### SKIN CARE:

- Broad-spectrum sunscreen (SPF 30 or higher)
- After-sun lotion or aloe vera gel
- ☐ Lip balm with SPF
- Face mist to stay hydrated Insect repellent

#### **DOCUMENTATION:**

- Passport/ID
- Travel insurance information
- Hotel booking confirmation
- Transportation tickets (plane, train, etc.)

### ESSENTIALS: LETE TRA

- Beach towel or blanket
- Beach bag
- Reusable water bottle
- Snacks for the beach
- Beach umbrella or tent
- Portable charger for electronic devices
- Books or e-reader
- Underwater/waterproof camera or camera protection

#### HEALTH & SAFETY:

- First aid kit (including band-aids, antiseptic wipes, and pain relievers)
- Prescription medications
- Hand sanitizer and disinfecting wipes

## **MISCELLANEOUS:**

- Maps and travel guides
- Snorkeling gear (if not renting on location)
- Small backpack for day trips